



ARCHULETA COUNTY
Public Health
DEPARTMENT

Being a parent is hard. None of us can do it all on our own.

We all need support to raise safe, healthy and happy kids.

SafeCare® Colorado gives parents tools, information and a trusted partner to help make parenting easier, less stressful, and more fun. SafeCare Colorado is a free, voluntary parent support program. Parents get connected with a SafeCare provider, who visits you at your home – or meets with you online – once a week.



Home Safety

- Do you need help to make your home safer for your child?
- Do you know everything in your home that could be dangerous? Learn how to make your home safer and get the child-proofing tools to do it like baby gates and cabinet locks.



Child Health

- Do you know what to do when your child gets sick?
- SafeCare Colorado helps you understand common illnesses, learn how to care for your child at home, and know when it's time to go to the doctor or the ER.



Parent-Child Relationship

- Unsure how to respond when your child won't listen?
- Is bedtime always a fight? Get support and learn new and helpful ways to create routines, have less negative behavior, and more positive behavior.



SafeCare COLORADO
Every Family Deserves Support

SafeCare Site Supervisor: Amy Nitchman
safecare@archuletacounty.org
970-264-2409